



Great Oak Karate

428 Long Hill Rd Groton, CT 06340 Phone (860) 908-8168

PERSONAL INFO

LAST NAME		FIRST	MI:	
ADDRESS:		Street	State	ZIP
PHONE HOME:	WORK:	CELL:		

PHYSICAL INFO

HEIGHT	WEIGHT	AGE:	DOB
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EMERGENCY INFO

IN CASE OF EMERGENCY CALL: PHONE:

MEDICAL INFO

ANY CURRENT HEALTH PROBLEMS?:	YES	NO
EXPLAIN:		
ANY PHYSICAL LIMITATIONS:		
EXPLAIN:		

EXPERIENCE LEVEL

HAVE YOU STUDIES ANY OTHER STYLES OF MARTIAL ARTS?:	YES	NO
How Long?		
WHAT RANK?		
PREVIOUS INSTRUCTOR (IF KNOWN)?		
HIS RANK:		
DATE STATED A.I.M.A.?		

Previous Training	Current Rank
	START
YELLOW	YELLOW
ORANGE	ORANGE
BLUE	BLUE
GREEN	GREEN
PURPLE	PURPLE
3RD BRN	3RD BRN
2ND BRN	2ND BRN
1ST BRN	1ST BRN
1ST BLK	1ST BLK
2ND BLK	2ND BLK
3RD BLK	3RD BLK
4th BLK	4th BLK
5th BLK	5th BLK
6th BLK	6th BLK
7th BLK	7th BLK
8th BLK	8th BLK
9th BLK	9th BLK